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Hooked On Fishing

A story about a big catch,
which lured and hooked me
on a new challenge...
to catch my first fish.

The Forgotten Gold Rush

Our connection to the
Wild Horse Creek Gold Rush.

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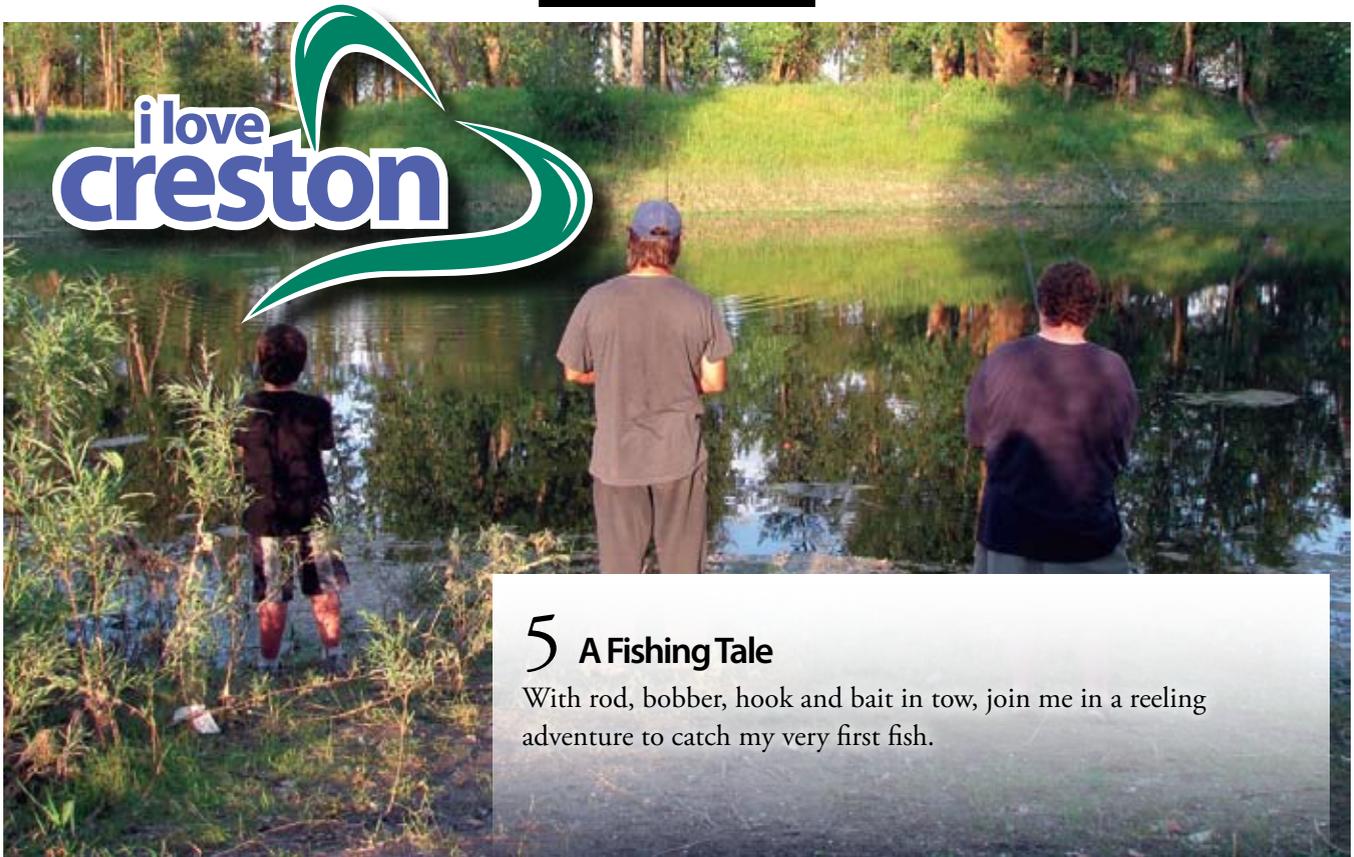
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5 A Fishing Tale

With rod, bobber, hook and bait in tow, join me in a reeling adventure to catch my very first fish.

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The Magazine

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Letters to the Editor

Letters to I Love Creston Magazine may be emailed to kris@ilovecreston.com or mailed to Box 143, Creston, BC, V0B 1G0. Letters may be edited for clarity and space.

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From the editor

Before I go ahead and preview this issue of I Love Creston Magazine, I need to correct two errors in last month's Feature Story "History Evolves to High Tech" (July 2010 Issue). I did not spell the owner's name correctly, it is Lois Wakelin not Wokelin. As well, I wrote, "the first privately owned hydro power plant in BC" but is the first net metering Hydro system.

What an interesting summer it has been. Hot, sunny, wet and windy. Something for everyone... just like this issue of I Love Creston Magazine.

Our MLA has an update on her involvement in local food security.

Resident columnist, Kristen Cook, shares her experiences as a seasonal worker.

Cranbrook author, Keith Powell, drops in and talks about the book he has written about the Kootenay

gold rush and its connection to the Creston Valley.

The museum has another instalment in its historic plane crash series.

A fascinating picture was emailed to me and that's all I'm saying.

Snakes and turtles brought to you by the CVWMA.

One Fish Two Fish Red Fish Blue Fish. Yes folks, our feature story is dedicated to fishing with a special twist as I play the leading role in, "Kris Tries to Catch a Fish". As well, pictures from local anglers, best fishing spots and interesting facts to chat about around the water cooler.

Maybe while you are on a hike or at the lake you meet up with poison ivy or oak. Our health guru has advice on how to stop the itch.

The Red Cross is running a campaign educating people on water safety and has sent in number of useful tips.

A proposed middle school at Canyon-Lister Elementary School

has made a small step forward following a recent Board of Education meeting.

Affordable housing is the focus of stories by Mayor Toyota and the Creston Valley Community Housing Society.

If you are looking to buy a house, the time is now. This month's real estate submission breaks down the facts.

In Business Buzz this month, you will meet a woman who sells anti-aging products.

Ding ding, we have a full mailbag (it is simply delightful when readers write to me – hint hint).

Have you been to Summerfest in Yahk? A day full of fun for all.

We've got the details, as well as information on all the other happenings in the valley courtesy of our Out & About calendar.

Pour yourself a cold drink and enjoy...

Mailbag

(Letters and emails to the editor are printed as written with the exception of profanity, slander or defamation)

Hi Kris,

As one born and raised in Boswell, I enjoyed your story about the power plant on McFarlane Creek (History evolves to High Tech) [July 2010 issue].

My recollection – which may be wrong – is that the first water wheel on that creek was built in Johnny Kerosene's time, though it may well have been constructed by Tom Oliver. Incidentally, Kerosene was known as "Coal Oil Johnny," for obvious reasons. Anyway, I think it was in the mid'20s

or early '30s that Alec Mackie and his sons built a water-wheel power plant on the creek that flowed through their property (Earl Grey Ranch) at Boswell. I don't know how much power it produced – at least enough to light their house – but I do remember that it also served Boswell residents by recharging the big batteries that were needed to run radios in those pre-power-line days. Thanks for the memories.

Peter Hefher - Creston

Hi Peter,

Wow, what a pleasure it was to get your email. While looking into the history to help me write that article I did come upon a few bits and pieces of what you have shared but you really filled in the hole. Thanks.

Kris Dickeson - Editor

Dear Susie,

Thanks so much for putting my ad in the July magazine [July 2010 issue] on such short notice. That's what I call over and above the call of duty! Couldn't have done it without your help Susie, even when you were sick.

Thanks,

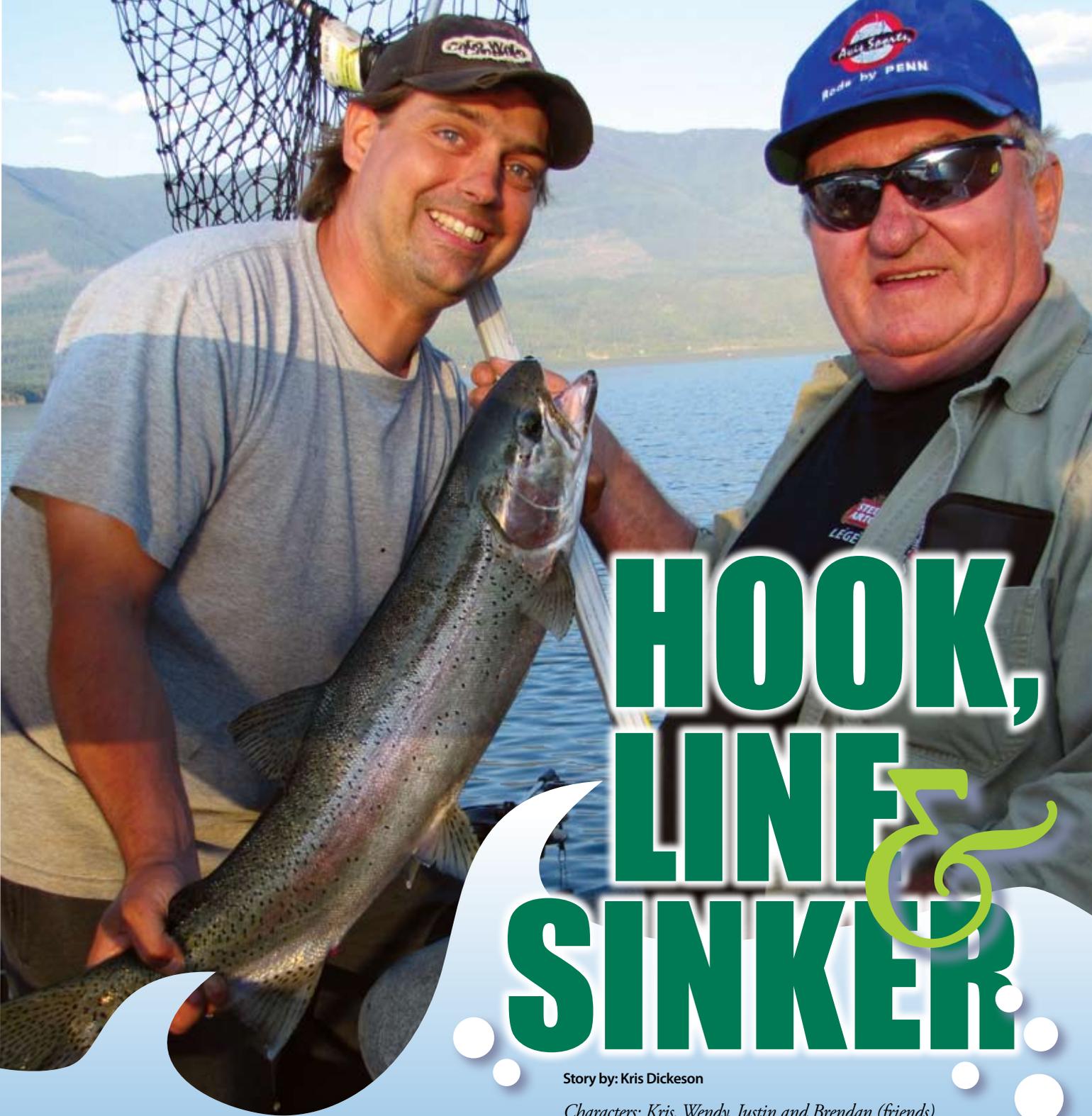
Sandy Tyerman - Smooth & Safe Estate Dispersal

Hi Sandy,

Thank you so much for your email to Susie. On her behalf, I would like to thank you for recognizing her hard work. As much as you appreciate her commitment, she appreciates the time you took to acknowledge her hard work.

Sincerely,

Kris Dickeson - Editor



HOOK, LINE & SINKER.

Pictured above: Justin Ziola and Ed Franz, Kootenay Lake.

This story began last month after my friend, Justin, caught an 8.5 lb Rainbow Trout in Kootenay Lake. I couldn't believe how big this thing was. When I saw a picture of Justin (sporting a huge smile) holding the fish,

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Story by: Kris Dickeson

Characters: Kris, Wendy, Justin and Brendan (friends)

Setting: Kootenay Lake and Corn Creek

Plot: Kris tries to catch a fish

I felt a twang of jealousy. Truth be told... I had never caught a fish. I had sat in boats in the ocean, stood on the banks of rivers and even along the shores of lakes. Again, I had never experienced the

August 2010

joy of catching a fish. After I reluctantly told Justin and Wendy about my failure as a fisherperson, we tossed around the idea of writing a feature story on the incredible fishing here in the Creston Valley. I told them I wanted to learn how to fish (and hopefully catch one), and this could be incorporated into the story.

“Truth be told... I had never caught a fish”

I began to hear my mother’s voice telling me that “fishing was cruel and the poor fish go through agony when they are pulled from the water and bashed over the head”. I heard these words throughout my childhood and being an animal lover, the whole going fishing plan almost went out the window. A phone call a couple of days later from Wendy got rid of my mother’s haunting voice. We were going fishing that evening at Corn Creek.

I felt nervous yet excited and desperately wanted to come home with a fish. A swarm of mosquitoes

That night I took my first step toward my newfound hobby and bought a fishing license, online. Then

welcomed us to Corn Creek but a healthy spray of repellent kept them away. I was mesmerized watching Wendy and Justin get the fishing rods ready. Fishing line, weights, bobbles (or whatever they’re called – bobbles I think) and a hook. Brendan’s was ready first and he tore down to the creek, rod in one hand and a plastic bag full of worms in the other. Wendy followed and quickly stuck a worm on Brendan’s hook (I heard my mother’s voice again), and he had his line in the water. Wendy set up the rod I was to use and effortlessly cast pretty much to the far bank of the creek.

All of a sudden Brendan yelled, “I’ve got one”. He had caught a “we can keep it” size perch... about five minutes after casting. For the first hour or so, Wendy cast for me and I stood there and reeled in once my bobber was close to shore. I also watched Brendan cast and he made it look easy. Then, I sort of felt a tug and yelled, “I think I have one”. Right away, everyone was yelling instructions and all I could think to do was reel

“I had cast my line all of four feet”

my line in (they had been telling me to pull then reel).

“It’s a (profanity) big (profanity),” I yelled as I turned the reel at light speed. It was tough to bring it in. The fish I had caught and hauled out of the water was huge and definitely



I posed proudly with my first catch ever.

“a keeper” from 20 feet away. In reality it was a perch about four inches long and tossed back in the creek. I was so proud. I caught a fish. Sure it was “not a keeper” but it had bitten my hook.

Wendy, Justin and Brendan were proud and their encouraging words boosted my confidence. Well, Brendan did and I began to feel ready to try and cast myself. He also took me under his wing and showed me his technique of casting and reassured me it was easier than Wendy’s. This was a three-step process and Brendan worked with me, patiently. We counted to three together and I pulled my rod back over my shoulder then flung it towards the creek. Whoa, I had cast my line all of four feet. Brendan continued to boost my morale as I forgot to unlock the reel, caught my hook on the bushes behind me and my fondest memory, slipping on the muddy shore and landing on my butt with one leg in the creek.

I went on to catch four more perch that evening, all five inches long and smaller. Oh well, it was my first time and I learned how to put a worm on a hook, cast (not so well), reel in, be excited about a catch, handle the sorrow of catching a “not a keeper” fish and how to kill them without bashing their heads. Wendy also informed me that from that point on she would no longer put worms on my hook. Oh, I must also add that we all caught fish that evening but only Brendan’s “were keepers”.

“Pulled in a 10-inch rainbow”

Our next fishing expedition was at Blue Point (Kootenay Lake) a week later. We went in the late afternoon and brought a picnic supper. It was a bit of a trek, through a cloud of mosquitoes that followed us down to the lake. It was a gorgeous spot and I was looking forward to fishing off the rocks. We “suited up” and I had the pleasure of putting a worm on my hook. I’m not a fan of worms (still).

Wendy had the first bite and pulled in a 10-inch rainbow before Justin and I had even cast. Brendan



My fishing mentor, Brendan.

had a brand new rod and he sat up high on the rocks, looking like a pro. I was still struggling with casting but could hear Brendan’s voice in my head repeating his three-step, foolproof formula. But, I was still literally casting all over the place, crossing lines with Wendy and catching my hook on the rocks behind me. I decided to try casting with my left hand. Low and behold this was the answer. I went from casting about 10 feet to over 30. It was relaxing and mellow as we fished, snacked on sandwiches and secretly hoped that each other wouldn’t catch anything. As time went on, we all moved around to different areas on the rocks. We were getting bites but the fish in that neighbourhood just couldn’t be hooked. I noticed a few cheese puffs floating by me. I turned and looked at Brendan who shrugged his shoulders and told me, “It’s a new kind of bait”.

“High on the rocks, looking like a pro”



“Rescued the bobber and caught the fish”

Near the end of the evening, Wendy and Brendan had found an area and reeled in a couple of “not a keepers”. We were all quiet and deep in thought and Wendy yelled out “I’ve got a bite and it’s a big one”. She reeled in a bit and then her bobber started to move away. She kept reeling in and realized the line had broken. We were all laughing (except Wendy who had lost her catch and bobber). Then, during the hubbub of the thieving fish, Justin cast out his line right next to the “swimming” bobber. Now a hero, Justin rescued the bobber and caught the fish, but it was “not a keeper” Shortly after, we packed up and headed home, all smiles. The bobber stealing fish’s species is yet to be determined by Wendy and Justin. We all agree it was a nasty, scary looking thing.

So I did it. I caught a fish, actually more than one fish. Sure, they weren’t not “keepers”, but I still caught them. The up side to this, there are so many more fishing holes where the Big Kahuna is waiting to snack on a worm (that I baited) on my hook.

“It was a nasty, scary looking thing”

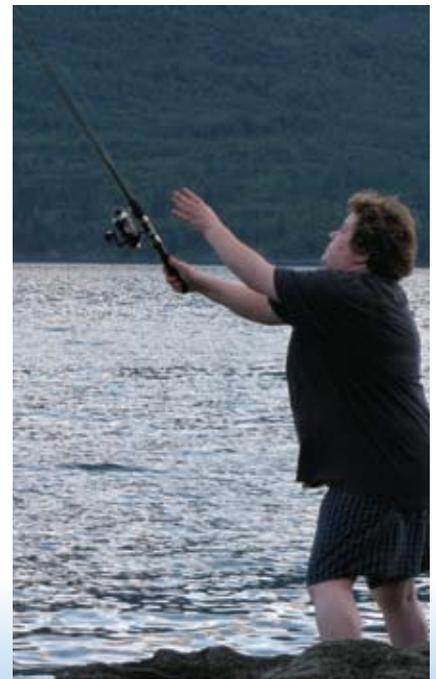
Best Place to Fish in the Creston Valley

facebook survey results:

- 1 Kootenay Lake
- 2 Duck Lake
- 3 Goat River
- 4 Kootenay River
- 5 Moyie River
- 6 Corn Creek
- 7 Summit Creek
- 8 Kidd Creek
- 9 Boundary Lake
- 10 Hawkins Creek



Blue Point, Kootenay Lake. A relaxing evening of fishing.



Honing my casting skills.

Did you know?

Duck Lake is one of the, if not best, lakes in the province for largemouth bass. In fact, it is one of the best lakes in the country for bass, which have been known to grow over 10 lbs in size. There is heavy milfoil vegetation in the lake that provides cover for the bass and the lake is quite shallow. Bass can be caught just about anywhere that the cover is available, including the middle of the lake. Surface lures or flies provide great action as well as shallow underwater techniques.

Duck Lake is part of a large delta where Kootenay River enters Kootenay Lake. There's a four-bass limit, with slot sizes, and a year-round open season except May 15 - June 15 during bass release. For those who want a unique bass fishery and an honest shot at a rare Canadian 10-pounder, Duck Lake is the spot.

Kootenay Lake, the largest natural lake in southern BC, is fed by the Kootenay River from the south, the Duncan River from the north, and numerous creeks. Kokanee Creek and Kootenay Lake maintain considerable populations of various fish species. The famous gerrard rainbow, which have been caught up to 35 lbs, the dolly varden that have been caught up to 29 lbs (both Canadian records) and an abundance of kokanee, rainbow and cutthroat trout, burbot and whitefish. Kootenay Lake supports record-sized rainbow trout. "Kokanee" means "red fish" in the Kootenay Indian language and is the name given to the land-locked salmon that spawn in large numbers in Kokanee Creek in the late summer. Rainbow trout are

plentiful in Lockhart Creek on the east side of the south arm of Kootenay Lake.

In what must be one of the classic fisheries blunders, early this century fisheries officers at Gerrard erected a fence and trapping facility facing upstream to capture eggs from the mammoth Lardeau River rainbow trout, hoping to introduce these fish to other river and lake systems. Assuming that the fish dropped down from Trout Lake, they were dismayed to find fish accumulating on the downstream side of the fence in the spring of 1914. The fish were from Kootenay Lake.

Realizing their mistake, they developed an elaborate technique to catch the fish. Eggs were reared at Gerrard, Nelson, Kaslo, Lardeau, Argenta, and more distant British Columbia and US hatcheries. After 1939, most of them were not released to the Lardeau River, with the result that the population began to decline seriously. By the 1950s, the Gerrard run had been reduced to fewer than 50 fish. In spite of the fact that their fry had been released in other systems, they attained their maximum growth only in their original habitat at Gerrard. Heavy fishing pressure and logging activity were also major factors in the rapidly diminishing numbers of these spectacular rainbow trout.

www.britishcolumbia.com/regions/towns/?townid=4108
www.outdoorcanada.ca/fish/best_largemouth_bass.shtml
Southeastern BC Fishing Map Book
www.backroadmapbooks.com
www.gofishbc.com



Andrew McInnis
Blue Point, Kootenay Lake.



Lynx, Tristan and Katana
Duck Lake ice fishing.



Derek Hilder
Blue Point, Kootenay Lake.



Dustin Wiebe
Kuskanook, Kootenay Lake.



Etta Franz, Louise and Leonard Hills
Wynndel Flats channels.



Glen and Adam Franz
Kootenay Lake.



Kenny and Dahlin
Kuskanook, Kootenay Lake.



Ken Wray
Duck Lake.



Ken Wray
Redmans Point, Kootenay Lake.



Dion Viola, Wil Zomers and Frank Viola
Boswell, Kootenay Lake.



Frank Viola
Blue Point, Kootenay Lake.



From the Mayor's Desk

Story Submitted by: Ron Toyota
Mayor of the Town of Creston

Affordable Housing In the Creston Valley

The Town of Creston and BC Housing have entered into a partnership to create 24 units of affordable housing for seniors and people with disabilities. Under the partnership, the Town will provide the land (almost 3 acres), staff support, service connections and an ongoing tax exemption for a non-profit housing society.

The project will be located at 200-11th Ave South, on the west side of the CPR tracks, adjacent

to Extra Foods & College of the Rockies. Four buildings consisting of one-storey, six-plexes, which will be one-bedroom suites approximately 600 square feet in area.

Columbia Basin Trust will also be involved with this partnership by providing funding support.

The estimated total value is four million dollars and details can be viewed at Creston Town Hall. I encourage you to

come in and see me to discuss this project or other town issues.

My weekly schedule is Monday, Tuesday and Thursday (check our town website at www.creston.ca then click on the Mayor's page).

I would also like to thank "I Love Creston Magazine" for the opportunity of providing me this venue to communicate to the citizens of the Creston Valley. Other methods of communication we are endeavoring to use is our Town of Creston website, our quarterly "The Town Citizen" newsletter distributed to all Creston households, our local CIDO community radio station and the local newsprint services.

Ron Toyota is the Mayor of Creston
Phone: 250-428-2214
Email: Ron.Toyota@creston.ca
Website: www.creston.ca

Creston Valley Business Buzz



Before

After

Jo-Anne Schultz
Distributor - ageLOC Anti-aging Products
Earlier this year, I began using the ageLOC treatment gels with the Galvanic Spa II. After six uses my results were amazing. I am a Youth and Family Worker with the school district and always wanted to have a

successful home-based business that would fit in around my schedule. I have found it.

The ageLOC Galvanic Spa II is a hand held device that reveals your skin's natural beauty with a spa-like treatment in less than 10 minutes. It uses ageLOC skin care ingredients on your skin, providing a deep clean, smoothing the appearance of lines

and wrinkles and rejuvenates your skin with a healthy radiant glow. This kind of innovation and science is revolutionizing the health and beauty industries around the world.

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MLA Update

Story submitted by: Michelle Mungall
MLA for Nelson-Creston

Mungall Welcomes UBC Intern

Following her Community Forum on Agriculture in Creston, MLA Michelle Mungall has engaged the help of University of British Columbia Masters student Paris Marshall Smith to support initiatives that will increase Kootenay Lake communities' food security.

In March, Mungall heard from local farmers and food lovers that there is much to be done to support farmers and strengthen local food systems, so Mungall took on the task. UBC's School for Community and Regional Planning offered the expertise with graduate students like Marshall Smith, who were interested in internships.

"Pairing Marshall Smith with the project of supporting local food in the Kootenays was a natural fit," Mungall said. "I am very pleased to have her join my team. As a student in the Master in Community and Rural development program at UBC, she brings a high level of skills to work with farmers and food lovers for increased regional food security. Many people have told me that they want to make the 100 Mile Diet more than just a trend, but a normal way of life. In fact, the Creston Community Forum not only inspired this project, but also Jen Barclay who has started Frattoria, a marketing business for local food. The momentum is there, and Paris is here to capture it and work with locals for local food."

Familiar with the region, Marshall Smith has been managing the large gardens and "food flow" at the East Shore's Yasodhara Ashram for the past two years. "Food is my passion, and being able to compliment my studies with an internship focused on supporting regional food systems is right up my alley," said an enthusiastic Marshall Smith.

Over the summer months, Marshall Smith is meeting with agricultural producers and distributors throughout the Kootenay Lake region to identify the infrastructure and networks needed to obtain locally grown food to local tables. A draft action report will come forward in the fall for public input at a large regional meeting.

"This is a win-win," noted Mungall. "We get a dedicated person to work with us on an important issue with broad impact, and she gets to enhance her learning."

Michelle Mungall is the NDP MLA for Nelson-Creston

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Email: michelle.mungall.mla@leg.bc.ca

Website: <http://www.michellemungall.com>

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More History of Flying (and Crashing) In the Creston Valley

Story by: Tammy Hardwick
 Manager - Creston & District Museum & Archives

A few months ago, we told you about a plane crash that occurred in 1932 and delayed a cross-Canada flight for nearly a month. Not long after that article appeared, Bill Constable came in with a few more details about that accident, and at the same time told me about a few other aviation mishaps that have occurred over the years.

“Stocked with Johnny Walker”

First, the follow-up to the 1932 crash. According to Mr. Constable’s information, the plane was well stocked with Johnny Walker. No word on whether that “freight” contributed to the series of mishaps that the plane encountered, or why flyers Cross and Grubbstrom were hauling it across the country in the first place. Maybe they needed it to keep warm during the mid-winter flight.

Fuel of a different sort was probably responsible for a forced landing a decade later. On February 9, 1942, RCAF pilot Randy West was flying a Blenheim-Bolingbroke bomber from Ottawa to Vancouver.

These planes were obsolete, often inadequate for the demands placed on them and prone to engine problems because fuel with the wrong octane level was used. In an article that Randy West sent to Mr. Constable, he writes, “My plane was one of the original war-weary Blenheims which had been shipped from England and as we were crossing the first main range of mountains, one of the tired old engines decided it had had enough and quit. Our map showed a small airport just to the north of Creston and as we lost altitude into the valley, we were unable to locate anything resembling an airfield but we could see the flat agricultural farm fields. It was a bumpy landing ... our beautiful landing ground turned out to be a ploughed field. Luckily, we had landed parallel to the furrows instead of across them.”

Mr. Constable remembers the landing well, he was one member of the Cadet Corps that guarded the plane. He said, “We walked out from the fuselage to the wingtip and back, with .22 rifles that had the bolt removed so they couldn’t be fired. But they looked menacing, I guess.” Several days later, the bad engine having been repaired, the

plane was towed out to a field where it could take off.

In 1943, a flight of three Anson Mark I aircrafts made a forced landing at the Kitchener airport, two miles east of the community. This airport was one of many Depression-era construction projects intended to combat unemployment. Beginning in November, 1932, about sixty men worked on building the airport, cutting down trees and yanking out, on average, one hundred stumps in every two hundred square feet of dirt – all by hand. The airport, which opened on June 30, 1933, was serviceable enough, but it still had lots of roots and ruts in the runway, which was a relatively short 1,400 feet.

“We had landed parallel to the furrows”

The Anson Mark I’s had been quickly superseded by other aircraft for their original role as coastal reconnaissance planes and by 1943, had become one of the principal aircraft in the Commonwealth Air Training Program. One training field in this program was located at Fort MacLeod, Alberta and Mr.



1919 Canyon.



1929 Autogyro.



1930 Kitchener.

Constable thinks that is where the 1943 flight originated. They landed in Cranbrook and then continued west. Something, possibly bad weather, forced the flight to attempt a landing at Kitchener. The planes overshot the landing strip, which was simply too short for the twin-engined Ansons. One plane escaped with little or no damage, the second

“Entire right wing was torn off”

wasn't too badly broken but the third was what war-time aviators called “pranged:” the entire right wing was torn off and scattered in chunks around the airstrip.

Even before the airport, Kitchener was the site of an interesting crash, this one in 1930. The Creston Review doesn't carry an account of it, but when Rose Olsen wrote a book on the history of Kitchener, several former residents told her about it. The plane named “Governor Clinton”, somehow wound up upside down but otherwise appears to have sustained little damage. The pilot, his wife, son and daughter escaped without serious injury, as did the fifth passenger - a tame mountain lion cub. They all stayed at the Kitchener Hotel, including the cat, which apparently spent the night in the bathtub.



1942 B-B Lister.

One of the most unique flying machines to arrive in the Creston Valley was an autogyro, which made a forced landing in 1929. An autogyro is kind of like a cross between an airplane and a helicopter. An engine-driven propeller, mounted at the front provides pull, while a rotor at the top provides lift. This top rotor is not powered but is rotated by the movement of air through it. Mr. Constable, five years old at the time, remembers a flight of ten or twelve autogyros flying overhead. We couldn't find an account of the incident in the local newspapers, though, so there's no word on what caused the one craft to land here. This particular model of autogyro, the Cierva C6, could stall at slow speeds so that may have had something to do with it.

“Cross between an airplane and a helicopter”

Between forced landings and outright crashes, the Creston Valley has been hard on aircraft including the very first one to come here. In 1919, a small plane piloted by Captain Hall was the first plane to land in Creston, the first plane to take off in Creston and then the first plane to crash in Creston. But that's another story.

Creston & District Museum & Archives
 Phone: 250-428-9262
 Email: mail@creston.museum.bc.ca
 Website: www.creston.museum.bc.ca



1943 Kitchener.

Old-Fashioned Tea



at the Creston Museum

Dainty sandwiches, tea or lemonade, and sweets, all served on the Museum's shaded patio.

Special guests from Creston's past will be dropping by.

**Saturday,
 August 14, 2010**

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My Side of the World

Story by: Kristen Cook

Tales From a Fruit Picker

The sun is only just coming up. I'm riding in the back of a pick-up with a stack of totes and some guy named Francois. Even though I'm wearing an old hoodie, the breeze is chilly and I can't wait for the warmth to seep through the trees. It'll be an hour before I truly start to wake any way.

Such is seasonal work. As we pull up to the orchard the other pickers are just rolling out of their tents. The competition is already on for totes from the stack. We'll stash as many as we can in our rows. If you're a serious picker any interruption to your day's tally should be avoided at all costs.

Profanities float over the trees, and have never sounded so positive. I'm not sure how the other workers manage to be so willingly cheerful at five in the morning. I try to rub sleep from my eyes beneath the brim of my ball cap. The swamper's are starting their morning rounds and they're divvying out the totes and handing out stickers. I collect mine, J12. Today should be good. I'll aim to use two sheets.

I'm a casual picker compared to some of the crew. You won't find me staking out the rows and fighting for the best ones. I take my 9:00 am coffee break and breakfast on cherries. On a good day, I'll average over three

totes an hour, but if the picking is rough and I was up late I won't even make two.

I'm not too sure why I keep returning whenever my adult schedule allows. The mornings are endlessly early and turn into searing hot afternoons. Even after several seasons' experience, I'm only moderately fast. However, I still wait for cherry season and get my name in for crews as soon as I can, if my summer is free enough.

"Rolling out of their tents"

Fruit picking was my first real job. I camped out in the backyard with other naive 15 year-old friends of mine and caught rides to the orchards in the morning. We felt so grown-up, and although I barely made minimum wage that year, I collected my cheques and bought a Sony stereo. I rode my bike to orchards in Erickson over the next several years. I got faster at filling my totes and felt part of something as I rode home with my canvas harness.

Last year harvest was an extended family affair. Although, as a picker, I was at the bottom of the food chain, I spent after-shifts clearing ladders and helping stamp out. I got a look at the management side and the fear of a failed harvest and the



dependency on market prices. We laughed a lot and called "bucket" with an accent when we needed more totes. We watched for totes that might have the stickers replaced before we got to them. I taught my cousin to set her ladder. The crew got nicknames. "Grizzly Adams", "Whiny Pants" and "Creamer".

Their real names were probably Benito, Juanes, Thomas or Marie Pier. You'll see them this time of year in our indie coffee shops or by the river. You can recognize them by their brightly patched clothes and the fact that they clearly don't spend winters here. Seasonal. If you're familiar with Creston you're familiar with transient workers.

I for one am happy to have them here. I like doing my best to pick even with Francisca in the row next to me. I like the sound of



youth

shade and talk to Grizzly Adams about his plans to fly to Thailand. There are always stories to share. Someone's playing the acoustic guitar. A harmonica joins in and the backdrop becomes a French folk tune. I'll miss the life and passion these travelers bring to the valley.

It's always a relief when the cherries are in. You can almost hear the collective sigh the valley will breathe together. Even if you're not involved you'll most likely hear how the season went. Either way, you look at it, harvest

is a part of local life. I'm glad that I've learned to appreciate this odd mix of agriculture, experience and people.



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hand drums drifting up the river. I enjoy trying my high school French on the couple, both with dreadlocks, sitting at the counters in coffee shops or every local restaurant.

“Breakfast on cherries”

There will always be crossed lines of understanding on either side. It turns out seasonal workers are like all other “people groups” you’ll ever encounter. They come with both good and bad. However, unless we’re all willing to don a plastic tote and balance on an aluminium ladder the relationship will doubtlessly continue.

The day is getting too hot, the cherries are getting soft and I’m tired of the smell of pesticides. I want to lie in a hammock and make up for getting out of bed at 4:00 am. First of all I’ll sit in the



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New Historical Novel Explores “Forgotten” Gold Rush of BC

Story By: Kris Dickeson
Editor

Gold rushes have played an important and significant role in the development of modern - day BC. Much is known about the Fraser River and Cariboo gold rushes, but the Wild Horse Creek gold rush in the East Kootenays is in many ways the “forgotten” gold rush of BC.

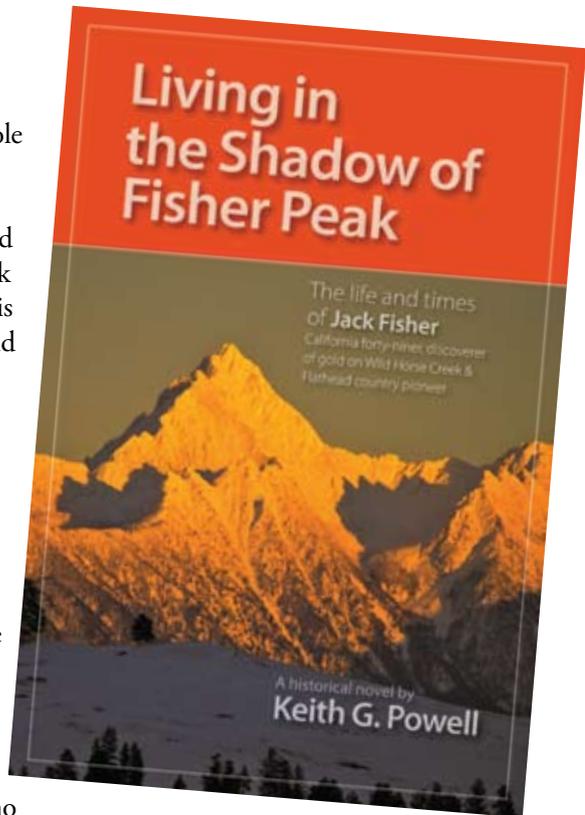
Forgotten until now, because a new historical novel, “Living in the Shadow of Fisher Peak”, by Keith Powell, explores the Kootenay gold rush of 1864 which spurred the extension of the Dewdney Trail beyond Hope through the West Kootenay/ Creston area to the banks of Wild Horse Creek near Fort Steele. The book tells the true-to-life life story of Jack Fisher who was one of the BC’s most colourful (and long forgotten) characters. The story of his adventurous life is captured and brought to life in this historical novel.

I had the chance to ask Powell about his experiences and journey while writing “Living in the Shadow of Fisher Peak”.

Kris Dickeson (KD):
What prompted you to write a book about the Kootenay gold rush of 1864?

Keith Powell (KP) It’s a great story, full of colourful characters. I have had an interest in local Kootenay history for many years and have visited the remains of Fisherville on Wild Horse Creek near Fort Steele many times. I just thought it was a story that should be told. Mt Fisher

“True-to-life life story of Jack Fisher”



and Fisherville are both named after Jack Fisher and the more details I discovered about his life, the more I was convinced it would be story people would enjoy reading. I climbed Mt Fisher (9,336 feet) late last summer to launch the book.

KD: Can you elaborate on the West Kootenays/Creston connection?

KP: There are several strong connections.

First, it was the discovery of gold on Wild Horse Creek in 1864 that prompted the British Government of the day to extend the Dewdney Trail beyond Hope to the Kootenay. The Dewdney Trail came through the Creston Valley, following the Goat River. Since most of the miners on Wild Horse Creek were Americans, most the gold was heading south to

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the US. The Colonial Government wasn't getting paid its taxes plus commercial interests on the lower mainland wanted to supply the needs of this newly discovered mining area, instead of all their supplies coming from Walla Walla, Washington. Second, hostile natives near Libby attacked Jack Fisher and a group of men, eventually the matter was resolved north of Bonners Ferry in "Flat Bow" country (this would be in vicinity of the modern-day Creston Valley) by the respected native Chief Abraham.

KD: Why is it called the "forgotten" gold rush?

KP: Though one of the richest single stream gold finds in the west (over \$15 million in gold found), the Kootenay gold rush is often forgotten in BC history when compared to other gold rushes like the Fraser, the Cariboo-Barkerville or the Klondike.

KD: How long/how much research did you do?

KP: I have had an interest in this subject for years but my main research was over the course of the last several years. I did an interpretative tour for a group of RV campers several years ago and it spurred the idea for the book. I received a tremendous amount of help from various research librarians especially at the Kalispell and Libby libraries and from the archives in Cranbrook and at Fort Steele.

KD: Was the information easy to find?

KP: Not really it took a lot of digging and never giving up. The best lead was when the researcher in Kalispell found Jack Fishers obituary (Feb 1906), which was very helpful in fleshing out his story.

KD: What is your favourite part of the book – most interesting?

KP: I liked the fact that I was able to find Jack Fisher's actual gravesite in the Conrad Memorial Cemetery in Kalispell, (he was the 5th person buried there), but was dismayed that it was unmarked. So I have raised almost \$800 to have a plaque installed to recognize his regional significance and people are invited to contribute if they would like to help. Also, the fact that I never was able to find a photo of Jack Fisher. I did find pictures of two of his contemporaries, John Galbraith and Robert Dore (it adds a bit of mystery to the account). I still believe a photo exists somewhere but I just haven't found it yet.

KD: Why would you recommend the book to someone?

KP: If you enjoy learning more about Kootenay history that is presented in narrative novel format I believe readers will enjoy this book.

"Through the Creston Valley, following the Goat River"

I have sold over 1,500 and yet to hear anyone say they didn't enjoy the book.

KD: How does it feel to have published your first self-published novel?

KP: It has always been a goal of mine to write a book and I finally did it. It feels great and I especially appreciate the interest and enthusiastic response I have received from readers. I have had orders for the book from as far away as Ohio and California. The book's first printing has sold out and I am onto the 2nd printing.

Self-publishing has been a very interesting experience, it takes a lot of hard work, persistence and promotion.

KD: Any ideas for your next book?

KP: Yes, I have another book partially written, again about a historical Kootenay character and his love of the Rocky Mountains.

Living in the Shadow of Fisher Peak by Keith Powell is available (in somewhat limited supply) at Kingfisher Books, Black Bear Books, Creston Stationary and the Creston Museum.



B.C. author Keith G. Powell unveils his new book atop the 9,336 foot Mount Fisher.

Senior's Low Income Housing Update

Story by: Peter Hepher

Three new members were elected to the Creston Valley Community Housing Society Board at its annual general meeting on June 1, 2010.

Alexandra Ewashen was re-elected as President by the new board and Alex Nilsson, who had been interim Vice-president, was confirmed in that position.

Newcomer, Eric Kutzner, is the new Treasurer while Gerry Cry is now Secretary. They replace Cindy

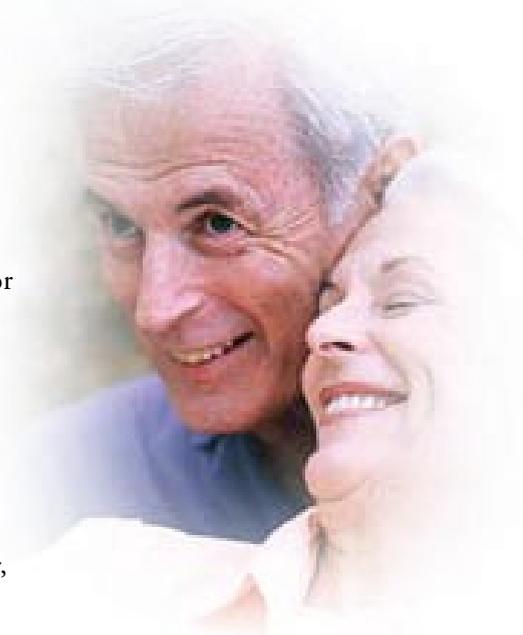
Kozak-Campbell and Mimika Coleman, who have resigned for personal reasons.

"Reincarnate it as a housing facility"

Terje Munkerud continues as a Director along with Ken Miller, Carl Sawler and, after a year's absence, Rita Scott. Rhonda Barter and Gordon Larson are new board members.

At a later meeting the society reluctantly decided to discontinue its attempt to acquire Pioneer Villa from BC Housing on a long-term lease with plans to reincarnate it as a housing facility for low-income seniors.

That project has been the main focus of the society for nearly two years but the group felt that it faced too many uncertainties regarding



costs and funding of the necessary repairs and renovations to the building.

"Meet the pressing needs"

The society will now explore other ways of helping to meet the pressing needs of a variety of Creston Valley residents for adequate and decent affordable housing.

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A Proposed Creston Middle School Receives Support

Submitted

A committee of Creston Valley parents has once again gone to the Board of Education with a proposal for a Middle school, in what many believe is a promise long overdue. While there is currently a place for these students in the division of K-7 elementary followed by grades 8 to 12 in high school, many believe the division ends up housing these middle grades in environments that are inappropriate to meet the needs of this age group.

The proposed middle school, which would occupy a separate wing of Canyon Lister Elementary, would allow youth in grades 7-9 to learn in a safe, age appropriate environment away from the social pressures that inevitably occur when younger students are sharing the same space with older teens.

In addition to providing parents with another option for their children, the program itself would provide a unique alternative that a community this size often does not have access to. In addition to the core subjects, the middle school is looking at providing programming that is focused on educating the 21st Century learner.

Exploratory courses for the 7-9 grades would include Documentary Film Making, Television Film and Production, Journalism and Computer Graphics, as well as International Networking with Global Peers through UNESCO affiliated schools.

While the Board of Education stated it would need this year to do analysis on implementing this for our area, the overall position was not one of questioning whether this is needed

here but rather what it will take to implement it. Committee member of the proposed Canyon Lister Middle School, Paula Mintenko was especially encouraged at the support of board member, Annette Hambler, and her commitment to see this take shape as soon as possible.

“We are anticipating a September 2011 start date,” Mintenko said.

“We are encouraging parents that are interested in this program to consider starting their children in the grade 7 program already offered at Canyon Lister Elementary. Not only does it provide continuity for the kids but it also ensures their place in a program that may have limited enrolment space for 2011.”

For more information on this program or how you can become involved contact:
Andrea Suprowich-Dirk
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A Day of Fun

Story by: Dave St Germain

It's the 4th annual Summerfest in Yahk on August 14th 2010. This is a day to spend you're your family and a place to meet old/new friends. Over the years, the volunteer based Yahk Kingsgate Recreation Society has built a facility, second to none, with an outdoor kitchen, bandstand/pavilion with amphitheater style tiered seating,



Summerfest kids crafts.



Summerfest bocce tournament winners. outdoor dance floor, refreshment area and washrooms. As well, there are horseshoe pits and a bocce court.

Through fund raising and volunteers, the Society has been able to keep this a FREE Admission fun day. This event has something for everyone. The day kicks off in the morning with a pancake breakfast, outdoor games for kids and adults like horseshoes and bocce, bingo, Wii games, face painting, vendor booths and a concession.

The live entertainment gets underway in the afternoon with a variety of acts, traditional/rock country, down east celtic, blues and folk music along with comic story telling and a North American Native Dance demonstration.

Sit in the shade of our beautiful trees and listen to the music or get up on the dance floor under the stars. Everyone is invited come on out and spend the day with us at the Yahk Community Hall.



Summerfest kids games.



Lynn Johnson
Photo Submitted by:
Dixie Lee

What the heck is in the soil in Canyon?

Lynn Johnson's husband, Eric, recently brought this giant "puff ball" home. He found it in the hay field on the couple's farm in Canyon. Eric told Lynn there were bigger ones growing in the same pasture. Lynn attributes the size of the puff balls to moist soil. I can only wonder how big these will grow next year.

Some Like it Hot!

Story by: Carla Ahern
Stewardship and Communications Manager -
Creston Valley Wildlife Management Area

Cold-blooded animals seek out the warmth of the sun to get their bodies moving. So, when you are braving the wetland trails in the summer heat, here a few species to look out for.

The Western Painted Turtle is one of the wetland species that likes to bask in the hot summer sun. Perched on floating logs and vegetation in the ponds and channels they absorb heat through the top of their dark colored shell. On the underside of the shell and legs, this turtle has amazing red and yellow patterns, living up to its painted name.

Cold-blooded reptiles, such as the turtle, must rely on external heat sources, the sun, to raise their body temperature to a level suitable to allow for movement. Surprisingly, turtles can actually be quite fast once heated, a fact you will know if you have ever tried to sneak up on one.

At present, the Western Painted Turtle is on the provincial blue list. This means they are considered vulnerable to habitat loss and susceptible to human and natural disturbances. Habitat is being lost because of pollution and waterway interference. Here in Creston, we are fortunate to have a large wetland that offers a great year round home for the turtle.



Western Painted Turtle

Even when there are inches of ice on the ponds, the turtle hibernates in the muddy bottom underneath or seeks shelter in muskrat burrows or other suitable areas.

Snakes also love the sun, a fact that some may or may not find interesting when they are walking along the dyke trails. They bask in the summer sun, warming their blood so that they can dart around at lightning speed in search of food, which can be anything from frogs to small

“Living up to its painted name”

mammals and birds. We see such species as the Common and Western Terrestrial Garter Snake

and Rubber Boa here in the wetland area. Despite its name, the Western Terrestrial Garter Snake is actually very aquatic and is rarely found far from water. And talk about fast. These snakes are gone before you see them as they dart through the grasses and warm shallow waters.

Many of the birds and mammals take respite from the heat and find cool shaded areas to spend their afternoons. So, if you are on the lookout for these species of wildlife, the morning and early evening are the best times.

As always, happy wildlife viewing and we look forward to seeing you out at the Wildlife Interpretation Centre.

If you have any questions, please feel free to contact us at 250-402-6908 or by email at askus@crestonwildlife.ca or check out our website at www.crestonwildlife.ca



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Cool Summer Home Renovation Tips

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As summer is on, it becomes hard to survive the hot days with the family under the fan. Keeping in mind the concept of coolness in the summer, it is the perfect time to have air-conditioning fixed in the house. Is there an alternative to air conditioning?

Try to stop the stifling heat of summer in its tracks with quality insulation in your home. Insulating your home this summer has the added benefit of being low cost and zero after-effects on your pocket. As a result you have a cooler home in summer and save on costly energy bills.

Splash Cool Summer Colors Around

This summer add color and a cool effect to the balcony garden with a tropical touch. You can enjoy the beautiful garden and share it with your friends and family. Bright shades of color may look happy but sometimes we also need subtle shades to enhance the decor. Paint your sitting area in colors like nude, beige and pink. The current trend is to paint and highlight one wall depending upon the design of the room. Do not go for extremely staid and boring colors, the right mix being a combination of bright and subtle shades.

Chilled Cocktail Time

Think about the heat and chilled cocktails. Renovate the bar and crockery storage and create an illusion of space. Convert the bar into wall cabinets with glass panels.

Nothing could be more elegant than the glass segments with proper highlights.

Always decide on a fixed theme before you could start decorating your space. It is important to use your imagination and decide on an idea that best suits your need.

Furnishing With Indian Fabric

For a light and graceful Indian summer look, go for dupioni silk curtains which are elegant yet very light. Change the furnishing of the area as it will enhance the look. Ensure the off white curtains and cushions are also in sync with colors of the curtains.

Go for silk sari cushion covers as they will add to the overall light colored décor look. You may also mix and match colors like pastel shades of olive gray and rustic orange. Something like peach and golden curtain combinations will be apt for the windows.

Smart Spending

To save on time, money and effort before you start implementing your renovation plans always consult someone who has got their house painted recently. You will learn, for instance that before the paint can be applied, the surface needs to be primed.

This simply means applying one or two coats of primer paint to the surface so that the final coat will have something to stick so and so that the original colors of the surface will not bleed through. Usually one priming coat is sufficient.

Go ahead and get a summer home decor look your neighbors will envy.

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Home & Garden

Top Ten Leafy Greens for Summer Gardens

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Growing leafy greens throughout the hot steamy days of summer is a breeze if you select the specific leafy greens that can stand the heat and continue growing without bolting.

Sure, most greens are more comfortable during the cool days of early spring or fall, but there are many varieties that are comfortable growing during hotter times. Here is a list of leafy summer greens that great for growing during the warmer seasons and they will keep producing nutritious leaves that can be harvested on a daily basis.

Leafy Greens for Summer Garden Production

- Collards – One of the hardiest of all greens, collards can grow through the summer just as easily as it survives cold winter conditions out in the garden.
- Kale – Not quite as tolerant as collard greens, kale is capable of providing summer greens from the garden. Tuscan Black Palm Kale is an especially good variety for summer production.
- Mustard – Not everyone's favorite because of its spicy flavor, mustard greens will grow well during summer. Try Red Giant and pick the leaves young to add color and some kick to salads.
- Amaranth – These plants are very ornamental and will grow over five feet tall. In addition to the edible leaves the plant also produces a seed cluster that can be used as a grain.
- Orach – Another attractive leafy green that is seldom seen in the vegetable garden. This beautiful plant is offered in a number of strains and is usually reddish or green in color.
- Lambs Quarters – This one is an "edible weed" that tastes better than many of the greens cultivated in the garden. You may be trashing this wild plant without realizing it is edible.
- Dandelion – Another edible weed with cultivated strains and close relatives that can all be grown for food. Dandelions won't struggle a bit under the summer's growing conditions.
- Malabar Spinach – This unusual leafy vegetable even thrives in the tropics and once established it can be cut to the ground and it will resprout and continue to grow.
- Swiss Chard – Take care of those despicable leaf miners and your Swiss Chard will have no trouble at all in withstanding all that the summer season can throw at it.
- Beet Greens – Don't overlook vegetables like red beets that are typically grown for their roots or fruits, but also produce leaves that make excellent greens!

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Lifesaving Water Safety Tips

Story by: Derek Mahoney
First Aid/Water Safety Representative –
Canadian Red Cross

The Canadian Red Cross has renewed its plea for caution in, on or around water following several drownings in BC last month.

“As an organization dedicated to swimming and water safety training for over 60 years, it’s heart-breaking to see the agony now facing families and friends,” said Derek Mahoney. “This number of deaths is both tragic and alarming to us because drownings are predictable and preventable.”

Each year, over 400 Canadians drown and half of them die in June, July and August. “Over half of drownings in summer involve boating activities, which underscores how vitally important it is that anyone setting foot in a pleasure craft be wearing an approved and properly fitted life-jacket at all times,” Mahoney added. “Our goal, and that of our partners in water safety, is to get the number of drowning deaths down to zero.”

“Are predictable and preventable”

Who is at risk for drowning:

- Boating is the most frequent activity leading to drowning in Canada.
- Aquatic activities (swimming, wading, or playing near unprotected water such as swimming pools) are the second most frequent activities leading to drowning.
- Adult males and children are the most vulnerable to drowning. Most

drowning victims are males between 15 and 74 years of age; next are children age 1-4.

How to avoid water-related injuries:

- Boat smart! Always wear your lifejacket or personal flotation device.

“Lifejacket or personal flotation device”

- Water and alcohol don’t mix. Don’t drink while swimming or boating.
- Ensure home pools are fenced (not just around the property) and the gate access is fitted with a self-closing and self-latching mechanism.
- Supervision of children is key, whether at home or on vacation. If you head to a cottage by a lake, or even your local pool, adult supervision is the best protection for children – even those who can swim.
- Be cautious about swimming in currents, and know what to do if you get into trouble.

- Get trained. Take swimming and water safety lessons; get your Pleasure Craft Operator Card if you operate a boat; know how to respond in an emergency by taking first aid lessons.

Anyone can drown in less time than it takes to read these tips.

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Story by: Shannon Veitch
Real Estate Agent - Century 21 Veitch Realty Creston



There's no denying it. Talk to anyone and they will tell you that it's a Buyer's market out there in the Creston Valley. And what a great time it is right now to be a Buyer. There are seemingly endless choices for houses, interest rates and lenders. The financial institutions are clamoring for your business offering all kinds of incentives in an effort to get you to choose them for your mortgage.

I personally would love to be a Buyer right now. Sellers are motivated and as such there are definitely some great deals to be had. As a Buyer, you are in the driver's seat and you have the edge when it comes to negotiating a good deal. The option exists to purchase a home that you may have felt you could never afford in the past. Between the low interest rates and homes being priced to entice a Buyer, this is the time to purchase a home.

Before you start lining up appointments with your Realtor to view homes, take the time to meet with your Personal Banking Representative or call a Mortgage Broker to see what you are pre-approved for. If you know what

amount you can borrow before you go looking at houses it will keep things realistic. There is no point in looking at homes that are well out of your price range, not only is it a waste of both the Sellers and your Realtor's time, you will undoubtedly find a house that you fall in love with but cannot afford. It just sets you up to go from the euphoria of finding your dream home, to a downhill crash because you cannot get a mortgage for it.

Having said that, Realtors do encourage you to look in a higher price range than your limit, especially in a market like this. There is real motivation on the part of most Sellers to sell, so the option to negotiate the purchase price down to what you can afford is a real possibility.

"Endless choices for houses"

From a Buyers perspective, what more could you wish for? There are lots and lots of homes to go look at - endless choices. Do you want to live in town or on an acreage? Do you want a home that has been recently renovated or do you want to pick something up that is substantially less money and renovate the way you want. Basement or no basement? Landscaped or easy care - just mow and go. Look around, check out all your options and then work with your Realtor who has been trained to negotiate on your behalf to get you a terrific home at a great price.

However, from the Seller's perspective, we as Realtors are all very aware of how frustrating this kind of market is for you. There are many of you, all trying to attract that one lonely Buyer who is looking in your price range. It can be disappointing

to go from having no showings to finally getting a showing, only to find out that the Buyer chose another home over yours. And although we know it builds up and builds up there is no sense to take it out on your Realtor. Believe me, we are frustrated as well.

The truth of the matter is that Buyer's markets do not last forever, eventually the market changes and things even out. So for all you Sellers, hang in there, the day is coming where you will be in a position to hold firm to your price. We have seen Seller's markets in the valley before and we will see them again. For all you Buyers, take advantage of the market while it exists if ever there was a time to buy a house, this is most definitely it. Call your Realtor and go find your new home.

Creston Valley
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Main Store Hours:
807 Canyon Street
Tuesday & Friday 9:30 am to 4 pm,
1st & 3rd Thursday 4 pm to 7 pm,
1st Saturday of each month 9:30 am to 1 pm

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Food Bank Hours:
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Drop-Off Hours:
(both locations)
Gates Open Monday to Friday 6 am to 6 pm
Saturday & Sunday 3 am to 6 pm



Natural Cures for Poison Ivy/Oak

Story by: Maya Skalinska
Master Herbalist

Poison Ivy and Poison Oak are two of the most notoriously painful plants in North America. The toxic substance active in both plants is called urushiol. It sits in the sap and is responsible for Toxicodendron Dermatitis (TD).

For sensitive people and small children, it only takes two micrograms (size of a pinhead) of urushiol

to initiate an allergic reaction. Once the urushiol has penetrated the epidermal layer and bonded with the deeper skin layers, it sparks a chain reaction involving many aspects of the immune system. Typically this series of events can take several days

“People don’t realize they’ve had contact with the plant”

to culminate and people don’t realize they’ve had contact with the plant until the hypersensitivity reaction is well underway. If you recognize the plant and realize you have come in contact, thoroughly wash the area with water, or rubbing alcohol. Soaps

are not effective, as the moisturizers and oils added to soap together with the brisk rubbing, spread the urushiol, increasing the area of allergic response.

I have compiled a list of the most effective herbs that either grow in the Kootenays, or are easily available in health food stores. All the herbs

I recommend have at least one scientific study showing that the plant has demonstrated positive activity in reducing and/or curing TD.

Aloe Vera: Use Aloe Vera gel topically. For a more cooling effect, add 3-5 drops of Peppermint Essential Oil.

Echinacea: Use internally in tincture, tea or pill form. Tincture is most effective.

Plantain: Crush or chew raw leaves and apply to rash as often as possible.

Witch Hazel: Use pure Witch Hazel extract directly on the rash.

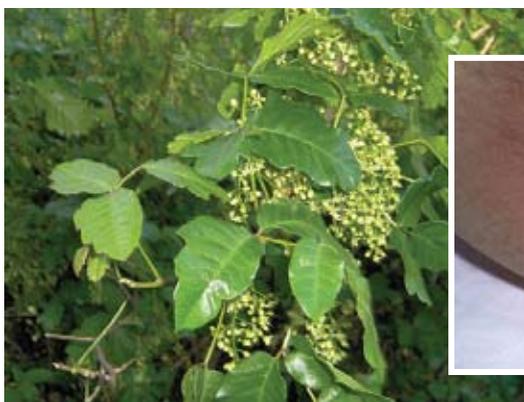
Mullein Leaves: Crush leaves and apply to rash.

All the herbs recommended above could be used in combinations with other herbs that contain anti-inflammatory, analgesic and wound healing properties such as Comfrey leaf, Calendula or St. Johns Wort, in an ointment or salve form. Check out a slave called Quick Healer available at Vital Health. Quick Healer is a great addition to your First Aid Kit as it deals with TD and many other skin ailments, such as cuts and scrapes, burns, bruises and insect bites.

Remember that the best cure for TD is prevention. Get familiar with what the plants look like. Check out Google images for some detailed Poison Ivy and Poison Oak pictures.

Maya Skalinska is a registered Herbal Therapist with CHA of BC. She offers Iridology, Pulse and Tongue Analysis, Herbal Medicine, Nutritional Consultations and Flower Essences at Crawford Bay, and Vital Health in Creston. For more information, or to book an appointment, please call 250-225-3493.

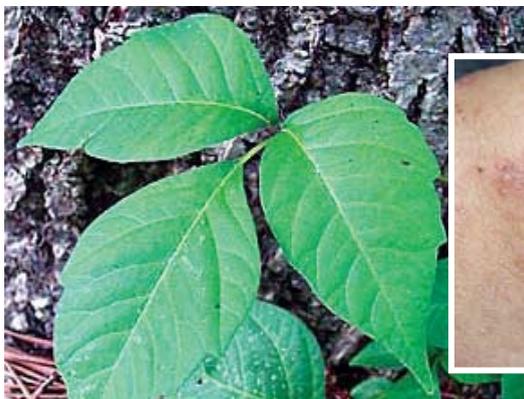
This article is intended for informational purposes, and does not replace your regular visits and recommendation's from your personal Medical Doctor.



Poison Oak.



Poison Oak rash.



Poison Ivy.



Poison Ivy rash.

Out & About

Submitted by: www.crestonevents.ca

August 13, 2010

Done Gone String Band

Location: The Snoring Sasquatch
7:00pm

Contact: Mark

Phone: 1-877-264-8543

www.snoring sasquatch.com/node/80

August 14th

Summerfest 2010

Location: Yahk Community Hall

8:30am to 10:00pm

All day family fun

Free admission

Phone: 250-424-5462

www.yahkkingingate.com

August 14, 2010

Creston Museum "Old Fashioned Tea"

Location: Creston Museum

1:00pm, 2:00pm, 3:00pm

Contact: Tammy Hardwick

Phone: 250-428-9262

www.creston.museum.bc.ca

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Ripening Dates

Early Fruits

Strawberries.....June 20 - July 10
Raspberries.....July 10 - 31
BoysenberriesJuly 10 - 31
Blackberries.....July 10 - 31
Cherries.....July 20 -Aug. 12
Pie Cherries.....July 23 - 30

Soft Fruits

Apricots.....July 20 - Aug. 12
Peaches.....Aug. 1 - Sept. 15
Plums.....Aug. 15 - Sept. 15

Pears

Bartlet Sept. 1
D'Anjou..... Sept. 30

Prunes

Early..... Sept. 10
Late..... Sept. 20

Apples

TransparentsJuly 25 - Aug. 7
Wealthy (pies)Aug. 15 - Sept. 15
Sunrise August 20
Tydemant Red..... Sept. 1 - 15
McIntosh Sept. 15
Spartan..... Oct. 1

Delicious..... Oct. 7
Golden Delicious Oct. 7
Rome Beauty..... Oct. 15

Vegetables

Asparagus May 1
Potatoes..... July 25
Tomatoes..... Aug. 1
Peppers..... Aug. 10
Pickling Cukes Aug. 10
Table Cukes..... Aug. 10
Corn Aug. 15
Squash..... Late Sept.
Pumpkins..... Late Sept.

August 14 - 15, 2009
Columbia Basin Culture Tour
 Location: Columbia Basin from
 10:00am to 5:00pm
 Contact: Natasha Smith
 Phone: 250-505-5505
 www.cbculturetour.com

August 19 - 21, 2010
Shakespeare in the Park V
 Location: Millenium Park
 6:00pm
 Free admission
 Contact: Gail Kitt
 Phone: 250-428-9415

Ongoing
Creston Valley
Farmers' Market
 Location: Millenium Park
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 Contact: Kate Webb
 Phone: 250-431-8262

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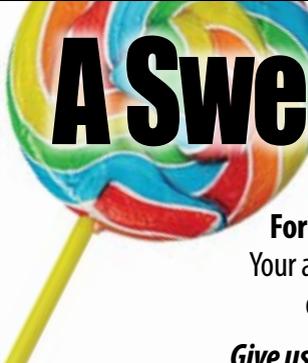
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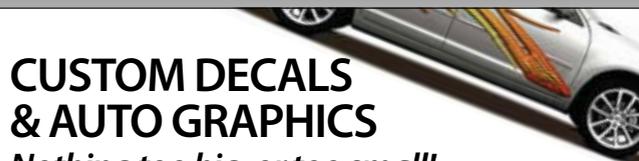
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